



# PERSONALITY UNPLUGGED

– return to the essential –



# PERSONALITY UNPLUGGED



**PERSONALITY UNPLUGGED** is a workshop concertante and a joint concentration-practice – trained and designed by Coach & Chant Birgitt Morrien.

**PERSONALITY UNPLUGGED** is Morrien's way to support the individual's capacity, to reconnect to the inner self and to others. The transformative practice seeks to promote a basically new approach: to increase self-confidence and to strengthen one's own creative power. This way, future projects can be realized with greater conviction and courage.

# TRENDS IN SOCIETY

We are more and more working and living as lone warriors.

We are increasingly digitally connected, but more often we feel isolated and alone.

We all feed the virtual webs more than ever, but we are not nourished at all.

We constantly seek to align with the outside world and thus we cannot act independently from within ourselves.



Anyone who wants to re-shape the world must be at peace with themselves.

**PERSONALITY UNPLUGGED** leads people back to the center of their being.



# METHOD



Birgitt Morrien chants. Her exceptional performance is inspired by shamanic and mystic tradition. By chanting she releases the soul to resonate with and attune to the surrounding vibrational field often suffused by quests and questions.

Morrien accompanies herself on her monochord, a one of a kind instrument with 72-strings, which combines features of the Mongolian horsehead fiddle, the medieval tromba marina, and of the Indian sitar.

This unprecedented combination creates an atmosphere, that listeners characterize as “it makes time stand still.”



# SCHEDULE FOR DIFFERENT OPTIONS

## Short programme

Welcome

Theoretical Approach (15 Min.)

Sound and Vocal Inspiration (20 Min.)

Colour Diving (45 Min.)

Conclusion (10 Min.)

## Single or multiple day programme

A single or multiple day coaching seminar according to Morrien's DreamGuidance-Concept will encompass

**PERSONALITY UNPLUGGED** on an extended level.





# INTENDED AUDIENCE

Everyone, curious and open-minded, ready to lead their own life.

Entrepreneurs and freelancers

Decision makers

Non-retired retirees

Generation X, Y & Z





# BENEFITS FOR THE PARTICIPANT

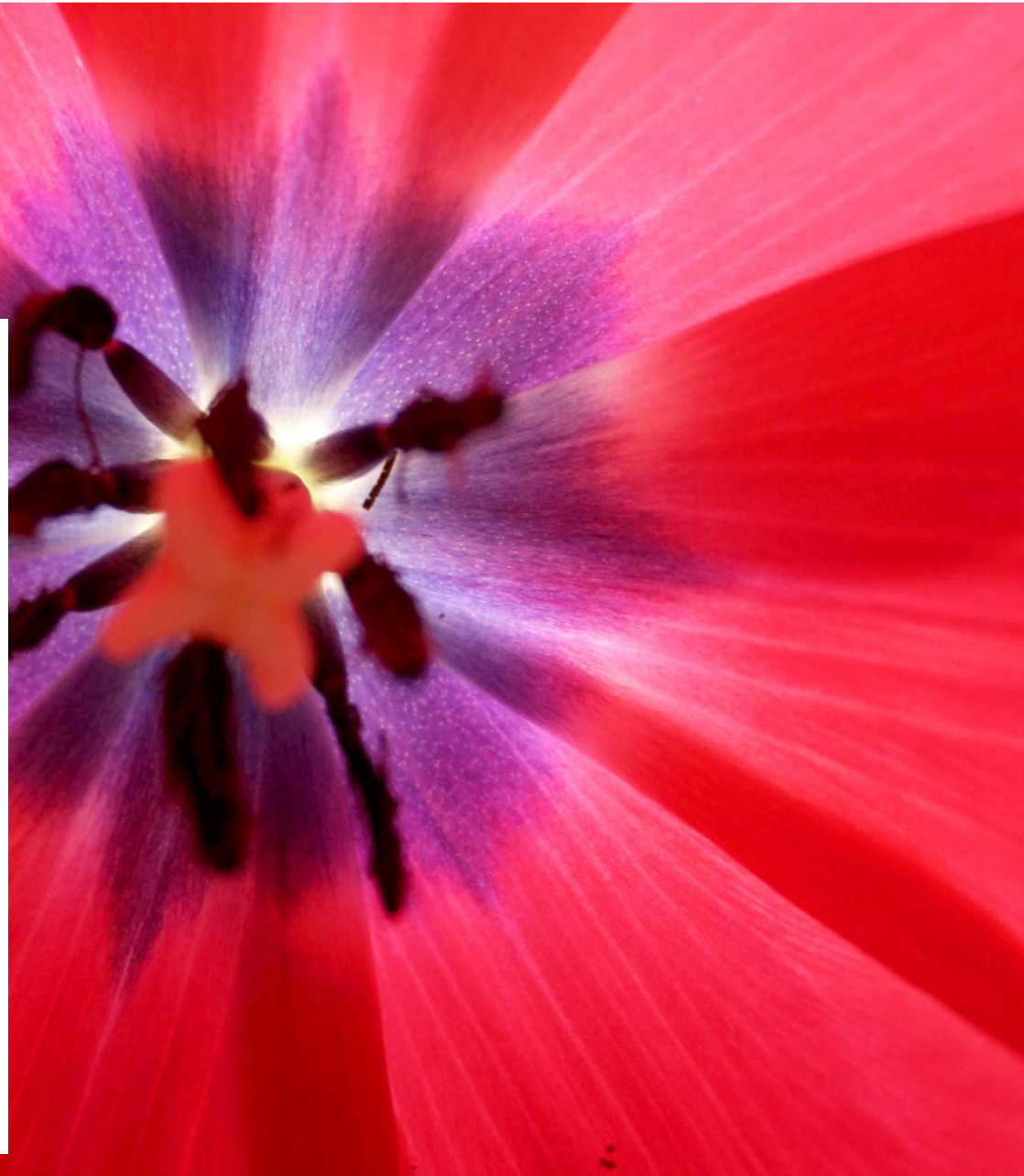
## PERSONALITY UNPLUGGED ...

... increases self-confidence and reinforces one's own creative power, to encourage the realization of future plans based on a deeper conviction and a stronger spirit.

... releases inner tensions, which are built up by years of adaptation to external expectations.

... strengthens the willingness, to fully realize one's own inner powers and supports the personal development.

... generates harmony and is in this sense acoustic medicine for our times.



# BENEFIT FOR THE ORGANIZER

Leading role as a trendsetter by improving the unique selling propositions:

**PERSONALITY UNPLUGGED** addresses a selected audience with a fine grasp for pioneering initiatives and a strong sense of responsibility.

Enhancement of profile by a professional artistic application:

**PERSONALITY UNPLUGGED** generates true spirit and passion which is necessary to allow radically new solutions.

Raising a company's publicity in an ambitious corporate market:

**PERSONALITY UNPLUGGED** is exceptionally simple, unique and precious.





# CONCLUSION



Our digitized modern world entails enormous pressures for change on the individual and, more than that, it induces the war for talent across the globe. Facing the great challenges presented by change, the professional person is in need of new ways for how to comply with the requirements .

**PERSONALITY UNPLUGGED** is an empathetic way of personal development representing an answer to the big personal questions raised by the digitized modern world.



# ARTIST



Since 20 years, Birgitt Morrien (56) works as a Senior Business Coach with colourful personalities of economy and society. There is one thing her clients have in common and that is the willingness to fully develop and express the richness of their life.

As a widely traveled and shamanic trained versatile artist from Cologne, **PERSONALITY UNPLUGGED** is her unique way to publicly express her creativity in an artistic seminar programme for the first time.

The descendant of ancient Westphalian nobility impoverished later in time addresses with **PERSONALITY UNPLUGGED** all the contemporaries, who would love to throw out the paradigms of linear logic with great pleasure and to try more appropriate mindsets and behaviours for long or at least for a moment instead.



# LOCATIONS & SELECTED EVENTS

## HOME

COP-Coaching, Organisation & PR, Köln

## DATES

Benediktushof, Akademie für Führungskompetenz,  
Kloster auf Zeit, Holzkirchen 02/2018 & 10/2018

Benediktushof, Akademie für Führungskompetenz,  
Kloster auf Zeit, Holzkirchen 10/2017

Business- und Kulturcenter Wertheim, Köln 03/2017

## ALTERNATIVE VENUES

Cathedral-like ritual-cave, Khakassia / Central Siberia

The former Supreme Court terrace, New National  
Gallery, Singapore

Museum Insel Hombroich / Raketenstation





# SPECIALS



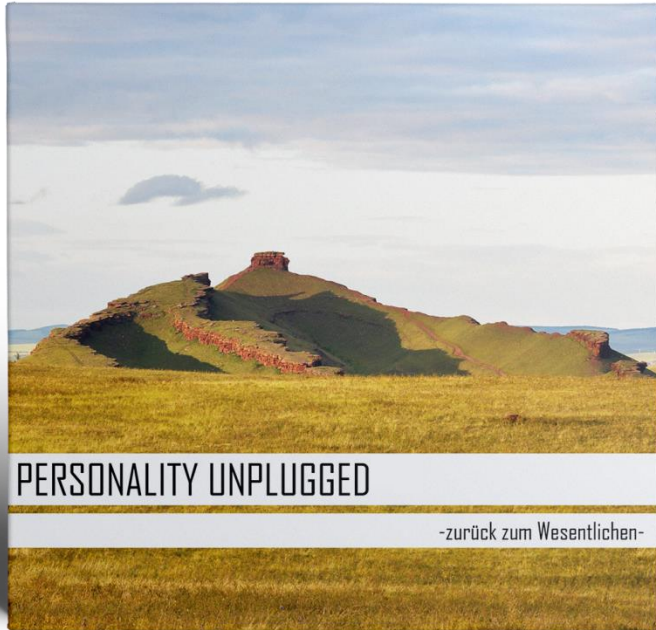
**PERSONALITY UNPLUGGED** is also presented at places of human and social tragedy, such as the entrance foyer of an employment agency or a refugee camp like the Herkules-Tower in Cologne, where hundreds of refugees presently stay.

Dates on request.



# AS WELL THERE

## PERSONALITY UNPLUGGED COLOUR DIVING





# OUTLOOK



**PERSONALITY UNPLUGGED** is a series of events. Other performances are in preparation at particular localities at home and abroad. In the meantime a web-tv-channel will be set up as a digital offer to online users.



# CONTACT



古树名木 

**油松**  
*Pinus tabulaeformis Carr.*

编号: A11841      保护级别: 一级  
科属: 松科 松属      树龄: 300年以上

北京市公园管理中心

COP – Birgitt E. Morrien  
Fon: +49 221 739 32 62  
email: [contact@cop-morrien.de](mailto:contact@cop-morrien.de)